NORTHWEST MOTHERS MILK BANK

2018 IMPACT REPORT



donatemilk.org













Our mission is to improve the health & survival of the Pacific Northwest's most vulnerable babies.









WELCOMING THE COMMUNITY



HELPING HANDS

NWMMB reaps the benefits of true volunteer spirit in many ways! Weekly volunteers assist us with office tasks, logging in milk, events, and shipping.

In 2018 we added a monthly opportunity for volunteers to help in the processing room. They work side by side with our technicians; pouring, pooling, and bottling milk. It is the best way to see first-hand that milk banking is a labor of love!

ADVANCING SCIENCE

Occasionally, we have visiting interns or graduate students spend time with us to learn more about human milk banking. They ask the greatest questions! This challenges our staff and is a wonderful exchange of information.

Students are often working on large-scale projects or independent research studies designed to advance the fields of nutrition, neonatology, nursing or global health and their relationship to human milk.



PROMOTING BREASTFEEDING

Our 34 Milk Drop partners are friendly faces in the community that help support breastfeeding moms, identify potential donors, and facilitate the milk donation process. Milk Drops make it easy for mothers to drop off milk and moms love visiting their local hospital, clinic, or storefront.

In 2018, we opened three new Milk Drops; one in a baby boutique, another in a WIC clinic, and expanded our reach into Alaska with a hospital-based drop!





TEACHABLE MOMENTS

Every week, NWMMB enjoys hosting students from local nursing schools and lactation programs. Our goal is to educate students about the unique life-saving properties of human milk and how important it is for infants in our community. Students spend hands-on time with milk bank staff and learn about the roles and responsibilities within a human milk bank.

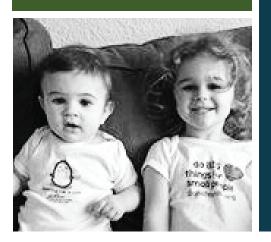
WE ARE GRATEFUL FOR OUR COMMUNITY OF SUPPORTERS!

BOARD OF DIRECTORS

Cameron Alexander Aria Baker Linda Bryant-Daaka David Dallas Lauren Garrett **Cindy Jackson** Ellen Klem Melisa Linnman Jen Lincoln Dana Madison Kimberly Mansen Deneil Patterson **Courtney Ranstorm** Jim Rennard **Brian Scottoline** June Winfield

MEDICAL DIRECTORS

Isabella Knox Stefanie Rogers



MILK DROP HOSTS

Adventist Medical Center Asante Roque Regional Medical Center Columbia Memorial Hospital **Confluence Health Evergreen Health Medical Center Good Samaritan Regional Medical Center** Hillsboro Pediatric Clinic Lancaster WIC Legacy Emanuel Medical Center Legacy Meridian Park Medical Center Legacy Salmon Creek Medical Center Milagros Boutique **Nurturing Expressions OHSU Family Medicine at Gabriel Park** Overlake Hospital Medical Center PeaceHealth Sacred Heart Medical Center at Riverbend Providence St. Mary Medical Center Providence Alaska Medical Center **Providence Bridgeport Family Medicine** Providence Hood River Memorial Hospital **Providence Medford Medical Center Providence Newberg Medical Center** Providence Portland Women's Clinic Providence Seaside Medical Center Providence St. Peter Hospital Providence Willamette Falls Medical Center Salem Health Medical Center Siskiyou Pediatric Clinic Sky Lakes Medical Center St. Charles Health System - Bend St. Charles Health System - Redmond St. Joseph Medical Center Swedish Medical Center First Hill **Treasure Valley Midwives**

VOLUNTEERS

Tori Anderson Merriel Ater Mary Breithaupt **Nathan Claeys Tiffany Claeys** Theresa Culver Ty Culver Virginia Groves Sarah Hanson Rachel LeVitre Lauren Hanson **Taylor Hubler** Erika McKay Arielle McCormick Jamie McMarl Sabrina Miller Frank Mondeaux **Aimee Nemeyer** Laurie Relling **Crysta Stroschine** Andrea Swisher-Hawes **Phoenix Toliver** Dixie Whetsell Sierra Wendorff **Nikole Wong** Liz Zito







IN-KIND GIFTS

Ashlie Behm Photography Andrea Leoncavallo Photography Athleta

Bennington Properties

Bridgetown Baby

Broadway Rose Theater Company

Brubaker Photography

Bull Run Distilling Company

Columbia Sportswear

ComedySportz

Dahlia Bakery

Deschutes Brewery

Discovery Museum World Forestry

Center

Elk Cove Vineyards

Fit4Mom – Cedar Mills

Hollywood Theatre

Lagunitas Brewing Company

Maryhill Winery

McMenamins Pubs and Breweries

Neuman Hotel Group

New Deal Distillery

Northwest Children's Theater

Nothing Bundt Cakes

Nossa Familia Coffee

Oaks Park

OMSI

Oregon Ballet Theatre

Oregon Shakespeare Festival

Oregon Symphony

PlayDate PDX

Portland Spirit

Portland Trail Blazers

Portland Winterhawks

Primrose Studio

Pump It Up

Smartypants
Sunriver Brewing Company

Timberline Lodge

The Armory

Top Golf

Traveling Julie

Uniquely Wise

Wanderlust Tours

Wildlife Safari

CORPORATE GIVING

Amazon Smile

Best Buy Employee Giving Program

Cambia Health Foundation

Claeys Catering Hillsboro Pediatrics

Providence Health System

Intel

Kaiser Foundation Community – Giving

Campaign

Kroger Fred Meyer

Legacy Health System

Metropolitan Pediatrics

MJG Development, Inc

Microsoft Matching Gifts Program

Milagros Boutique

Network for Good (Facebook Giving)

Pacific Office Automation

PGE



SUPPORTING PARTNERS

Beaverton Chamber of Commerce

Brubaker Photography

Fit4Mom – Cedar Mills

Legacy Health System

Marquam Auction Agency

MOMS Club of Port Orchard

OHSU Center for Women's Health

PATH

Portland Local Marketing and Design

Portland State University – School of Public Health

Willamette Week Give Guide

MEET MACLEAN

"We were expecting Maclean Armand around April Fool's day, but as a surprise to us, he was born a month early. With dad's adorable nose and mom's blue eyes, this 6lb 5oz wonder was suddenly here. There were immediate concerns about his health as the doctors began checking all his vitals. He had an absent red light reflex, which we would soon learn was due to bilateral cataracts. His reflexes were absent and his tone was lacking dramatically. It came as a



shock that this seemingly perfect, "easy" pregnancy yielded this little guy who needed serious medical attention. With all of the surprise, stress, and sleeplessness, my body wasn't yet producing the nutritious milk Maclean needed. We were given a prescription from our healthcare provider for donor milk. After we left the hospital, we became humble, grateful recipients of Evie's Fund, NWMMB's charitable care program. As we shuffled daily from one appointment to the next, up to Maclean's first two surgeries in May, the care, compassion, and concern from the indelible staff at NWMMB helped us through a part of this journey we never could have anticipated."

-Maclean's parents

LOOKING FORWARD

In 2019, Northwest Mothers Milk Bank looks forward to expanding our reach to more hospitalized and outpatient infants. Together, our staff and Board of Directors will continue to aim toward the targets of our Strategic Plan:



