

NORTHWEST MOTHERS MILK BANK

2018 IMPACT REPORT



donatemilk.org



Our mission is to
improve the
health & survival
of the Pacific
Northwest's
most vulnerable
babies.





338K
OUNCES
DISPENSED



788
DONORS
APPROVED



\$49K
CHARITABLE CARE
DISPENSED



1166
HOURS
VOLUNTEERED



1298
DELIVERIES
TO HOSPITALS



IN DECEMBER 2018
NWMMB APPROVED ITS
3000th
MILK DONOR!




ALL SCREENING
MATERIALS
TRANSLATED
INTO SPANISH



HELD A
REMEMBRANCE
FOR BEREAVED
FAMILIES



34
MILK DROPS
NOW INCLUDING
ALASKA!



1.2
MILLION
OUNCES DISPENSED
SINCE
2013



ELECTED
3
NEW BOARD
MEMBERS!



MILESTONES **2018**

WELCOMING THE COMMUNITY



HELPING HANDS

NWMMB reaps the benefits of true volunteer spirit in many ways! Weekly volunteers assist us with office tasks, logging in milk, events, and shipping.

In 2018 we added a monthly opportunity for volunteers to help in the processing room. They work side by side with our technicians; pouring, pooling, and bottling milk. It is the best way to see first-hand that milk banking is a labor of love!

ADVANCING SCIENCE

Occasionally, we have visiting interns or graduate students spend time with us to learn more about human milk banking. They ask the greatest questions! This challenges our staff and is a wonderful exchange of information.

Students are often working on large-scale projects or independent research studies designed to advance the fields of nutrition, neonatology, nursing or global health and their relationship to human milk.



PROMOTING BREASTFEEDING

Our 34 Milk Drop partners are friendly faces in the community that help support breastfeeding moms, identify potential donors, and facilitate the milk donation process. Milk Drops make it easy for mothers to drop off milk and moms love visiting their local hospital, clinic, or storefront.

In 2018, we opened three new Milk Drops; one in a baby boutique, another in a WIC clinic, and expanded our reach into Alaska with a hospital-based drop!



TEACHABLE MOMENTS

Every week, NWMMB enjoys hosting students from local nursing schools and lactation programs. Our goal is to educate students about the unique life-saving properties of human milk and how important it is for infants in our community. Students spend hands-on time with milk bank staff and learn about the roles and responsibilities within a human milk bank.

WE ARE GRATEFUL FOR OUR COMMUNITY OF SUPPORTERS!

BOARD OF DIRECTORS

Cameron Alexander
Aria Baker
Linda Bryant-Daaka
David Dallas
Lauren Garrett
Cindy Jackson
Ellen Klem
Melisa Linnman
Jen Lincoln
Dana Madison
Kimberly Mansen
Deneil Patterson
Courtney Ranstorm
Jim Rennard
Brian Scottoline
June Winfield

MEDICAL DIRECTORS

Isabella Knox
Stefanie Rogers

MILK DROP HOSTS

Adventist Medical Center
Asante Rogue Regional Medical Center
Columbia Memorial Hospital
Confluence Health
Evergreen Health Medical Center
Good Samaritan Regional Medical Center
Hillsboro Pediatric Clinic
Lancaster WIC
Legacy Emanuel Medical Center
Legacy Meridian Park Medical Center
Legacy Salmon Creek Medical Center
Milagros Boutique
Nurturing Expressions
OHSU Family Medicine at Gabriel Park
Overlake Hospital Medical Center
PeaceHealth Sacred Heart Medical Center at Riverbend
Providence St. Mary Medical Center
Providence Alaska Medical Center
Providence Bridgeport Family Medicine
Providence Hood River Memorial Hospital
Providence Medford Medical Center
Providence Newberg Medical Center
Providence Portland Women's Clinic
Providence Seaside Medical Center
Providence St. Peter Hospital
Providence Willamette Falls Medical Center
Salem Health Medical Center
Siskiyou Pediatric Clinic
Sky Lakes Medical Center
St. Charles Health System - Bend
St. Charles Health System - Redmond
St. Joseph Medical Center
Swedish Medical Center First Hill
Treasure Valley Midwives

VOLUNTEERS

Tori Anderson
Merriel Ater
Mary Breithaupt
Nathan Claeys
Tiffany Claeys
Theresa Culver
Ty Culver
Virginia Groves
Sarah Hanson
Rachel LeVitre
Lauren Hanson
Taylor Hubler
Erika McKay
Arielle McCormick
Jamie McMarl
Sabrina Miller
Frank Mondeaux
Aimee Nemeyer
Laurie Relling
Crysta Stroschine
Andrea Swisher-Hawes
Phoenix Toliver
Dixie Whetsell
Sierra Wendorff
Nikole Wong
Liz Zito



IN-KIND GIFTS

Ashlie Behm Photography
Andrea Leoncavallo Photography
Athleta
Bennington Properties
Bridgetown Baby
Broadway Rose Theater Company
Brubaker Photography
Bull Run Distilling Company
Columbia Sportswear
ComedySportz
Dahlia Bakery
Deschutes Brewery
Discovery Museum World Forestry Center
Elk Cove Vineyards
Fit4Mom – Cedar Mills
Hollywood Theatre
Lagunitas Brewing Company
Maryhill Winery
McMenamins Pubs and Breweries
Neuman Hotel Group
New Deal Distillery
Northwest Children's Theater
Nothing Bundt Cakes
Nossa Familia Coffee
Oaks Park
OMSI
Oregon Ballet Theatre
Oregon Shakespeare Festival
Oregon Symphony
PlayDate PDX
Portland Spirit
Portland Trail Blazers
Portland Winterhawks
Primrose Studio
Pump It Up
Smartyants
Sunriver Brewing Company
Timberline Lodge
The Armory
Top Golf
Traveling Julie
Uniquely Wise
Wanderlust Tours
Wildlife Safari

CORPORATE GIVING

Amazon Smile
Best Buy Employee Giving Program
Cambia Health Foundation
Claeys Catering
Hillsboro Pediatrics
Providence Health System
Intel
Kaiser Foundation Community – Giving Campaign
Kroger Fred Meyer
Legacy Health System
Metropolitan Pediatrics
MJG Development, Inc
Microsoft Matching Gifts Program
Milagros Boutique
Network for Good (Facebook Giving)
Pacific Office Automation
PGE



SUPPORTING PARTNERS

Beaverton Chamber of Commerce
Brubaker Photography
Fit4Mom – Cedar Mills
Legacy Health System
Marquam Auction Agency
MOMS Club of Port Orchard
OHSU Center for Women's Health
PATH
Portland Local Marketing and Design
Portland State University – School of Public Health
Willamette Week Give Guide

MEET MACLEAN

"We were expecting Maclean Armand around April Fool's day, but as a surprise to us, he was born a month early. With dad's adorable nose and mom's blue eyes, this 6lb 5oz wonder was suddenly here. There were immediate concerns about his health as the doctors began checking all his vitals. He had an absent red light reflex, which we would soon learn was due to bilateral cataracts. His reflexes were absent and his tone was lacking dramatically. It came as a



shock that this seemingly perfect, "easy" pregnancy yielded this little guy who needed serious medical attention. With all of the surprise, stress, and sleeplessness, my body wasn't yet producing the nutritious milk Maclean needed. We were given a prescription from our healthcare provider for donor milk. After we left the hospital, we became humble, grateful recipients of Evie's Fund, NWMMB's charitable care program. As we shuffled daily from one appointment to the next, up to Maclean's first two surgeries in May, the care, compassion, and concern from the indelible staff at NWMMB helped us through a part of this journey we never could have anticipated."

-Maclean's parents

LOOKING FORWARD

In 2019, Northwest Mothers Milk Bank looks forward to expanding our reach to more hospitalized and outpatient infants. Together, our staff and Board of Directors will continue to aim toward the targets of our Strategic Plan:



northwest
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